



Jagannath International Management School

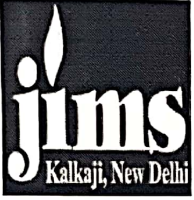
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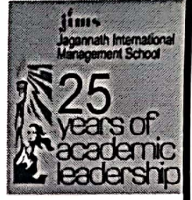
LIFE SKILLS





Jagannath International Management School

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JIMS/BBA/2021/336c

August 24, 2021

Notice

Freedom Run

As part of the celebration of "Azadi ka Amrut Mahotsav – India@75", Fitness run will be conducted by the NSS/Rotaract club of JIMS Kalkaji, to re-introduce the importance of fitness in one's life. The run is for 4 KM from the college to Astha Kunj Park, New Delhi.

Date : 26.08.2021

Time : 09:30 am

Faculty Coordinators : Dr. Preeti Singh, Ms. Aastha Behl & Ms. Pooja Bisht

Dr. Manjula Shastri
Programme Director



For Distribution:
All Notice Board

For information, Please
Director



Date: 26th August 2021

Report on Freedom Run

Event Category: NSS

Topic: Freedom Run

Date: 26th August 2021

Time: 9:30 am

Venue: Astha Kunj Park (Near Lotus Temple)

Resource Person(s) with Designation and Organization: NA

Beneficiaries with number: 30

Faculty Coordinator: Dr. Preeti Singh, Ms. Aastha Behl, Ms. Pooja Bisht

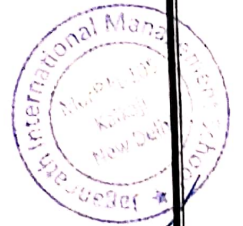
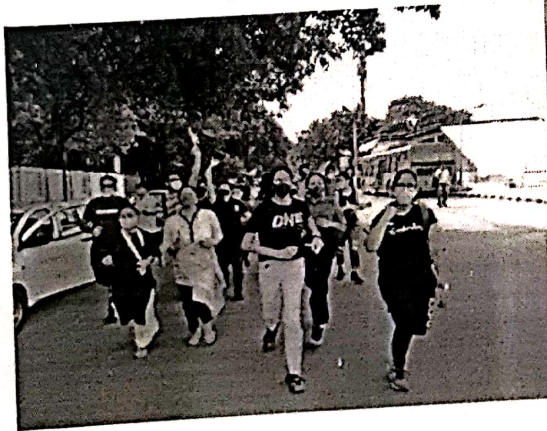
Objectives:

1. To encourage people to take up fitness activities such as running and sports in their daily lives.
2. To popularize fitness as a way of life to get freedom from obesity, laziness, stress, anxiety and diseases.
3. To make people adopt healthy and fit life style

Report:

As a part of celebration of 'Azadi ka Amrut Mahotsav- India@75', fitness run was conducted to reintroduce the importance of fitness in one's life, as after lockdown people most of the people neglected their physical health. Students did a run of 4 K.M. from college to Astha kunj park. During the run students and teachers also made people aware of the importance of fitness in their life. 20 students participated in fitness run campaign

Pictures:



R

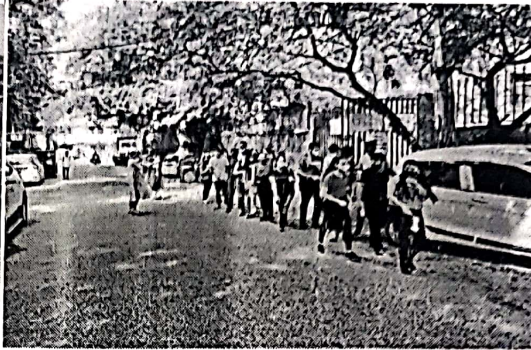




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Glimpses of freedom run by NSS Volunteers

Video Link

https://drive.google.com/drive/folders/1eQO9EXtDNA1AAj047ev3-geSXbsU_Hlx

https://drive.google.com/drive/folders/1eQO9EXtDNA1AAj047ev3-geSXbsU_Hlx

Dr Preeti Singh,

Ms Astha, Ms Pooja

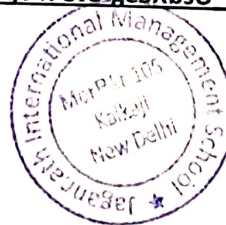
Name & Signature

Coordinator

Manjula

Name & Signature

Head-Dept. of ____



Ashok Shrivastava

Name & Signature

Director





CELEBRATING

AAZADI KA MAHAUTSAV

NSS/ROTARACT CLUB

BRINGS

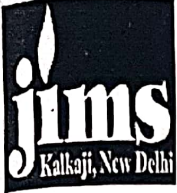
FREEDOM RUN



26th August
RUN-

JIMSKJ TO AASTHA

KUNJ PARK



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JIMS/BBA/2022/418a

Dated : February 22, 2022

Notice

NSS/ROTARACT

Seminar on HIV AIDS Spread & Preventions

NSS/Rotaract Club is organizing Seminar on "HIV AIDS Spread & Preventions" in collaboration with Delhi State AIDS Control Society in college auditorium on 23rd February 2022.

Speaker for the Seminar

Mr. Ravinder Kumar Tyagi
District Programme Manager
Delhi State AIDS Control Society

Dr. Manjula Shastri
Programme Director



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Date: 24.02.2022

Report on Seminar on HIV Aids: Spread & Prevention

Event Category: NSS

Topic: Seminar on HIV AIDS: Spread & Prevention

Date: 23rd February 2022

Platform: Offline

Faculty Coordinator: Dr. Preeti Singh, Dr. Vidya Sharan

Number of volunteers: 36

Objective:

- To spread awareness on HIV AIDS and remove the stigma and fear attached with the disease.
- To spread knowledge about how to prevent HIV AIDS.

Report:

PRAYAAS, NSS club of JIMS KALKAJI organized a Seminar. The seminar was conducted in collaboration with Delhi State AIDS Control Society, Govt of NCT Delhi. The resource person, Mr. Ravinder Kumar Singh, District Programme Manager East spread awareness on HIV Aids : prevention and cure.

Learning Outcome:

- Helped people become more aware about the HIV AIDS and its cause.
- Helped students to understand the precautions one need to take to avoid HIV AIDS.




R



PRAYAS - THE NSS AND ROTARACT CLUB OF JIMS KALKAJI
BBA & B.COM(H) DEPARTMENT

In association with THE AIDS CONTROL SOCIETY

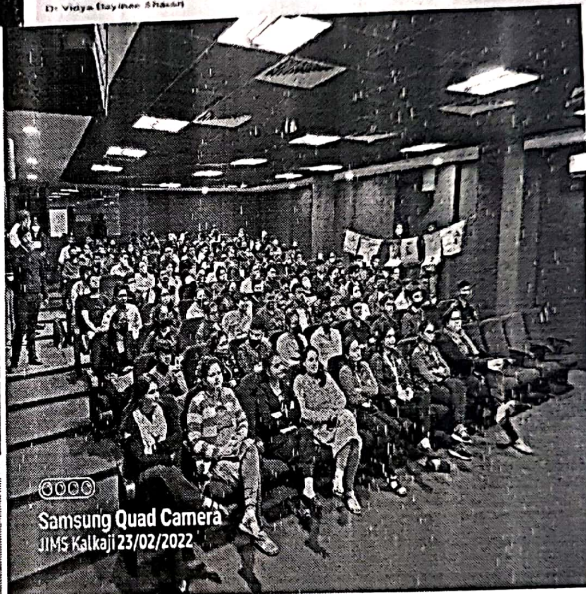
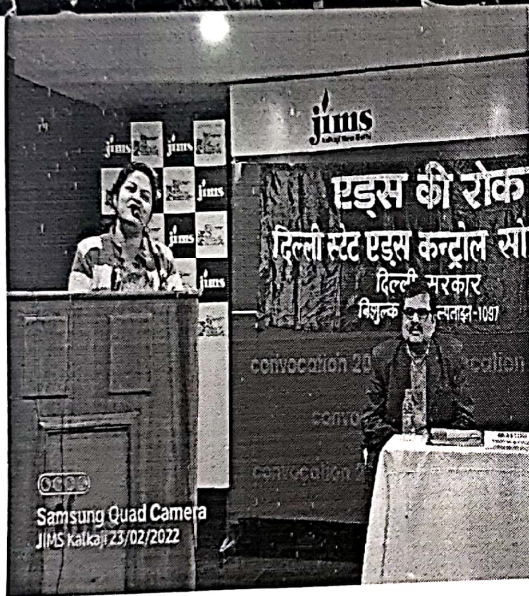
23 February 2022 WEDNESDAY 2-3PM



Mr. Ravinder Kumar Tyagi
District Programme Manager East

SEMINAR ON
HIV AIDS: Spread & Preventions
Venue: College Auditorium

Faculty coordinator: Dr. Preeti Singh
Students coordinator: Ishu Jain (President), Garvansh Aggarwal (Head Boy)



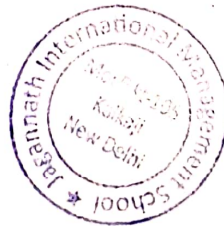
Seminar Glimpses

Preeti Singh

Name & Signature
Coordinator

Navjula

Name & Signature
Head-Dept. of _____



Ashok Sharma

Name & Signature
Director



jims
Kalkaji, New Delhi

AYYAS- THE NSS AND ROTARAC
CLUB OF JIMS KALKAJI
BBA & B.COM(H) DEPARTMENT

In association with Delhi State AIDS
Control Society



23
February
2022

WEDNESDAY
2-3PM

Mr. Ravinder Kumar Tyagi

District Programme Manager East

SEMINAR ON

HIV AIDS: Spread & Preventions

Venue: College Auditorium

Faculty coordinator
Dr Preeti Singh
Dr Vidya Dayinee Sharan

Student coordinator
Ishika...





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April 18, 2022

JIMS/BBA/2022/452

Notice

NSS/Rotaract Club

Self Defense Training

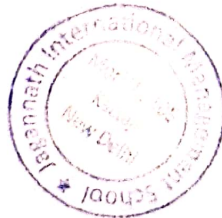
The NSS/Rotaract club of JIMS Kalkaji will be organizing is Self Defense Training on Friday, 29th April 2022 to improve physical health and to face dangerous situations. The event details are as under.

Resource Name : Mr. Karan Rana
Designation : Marketing Analyst & Self Defense Trainer
Company : RNF Technologies, Noida
Venue : College Auditorium
Time : 12:00 – 01:00 PM

Dr. Preeti Singh is to Co-ordinate.

Manjula

Dr. Manjula Shastri
Programme Director



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Date: 30.04.2022

Report on 'SELF DEFENCE WORKSHOP' 2022

Event Category: NSS

Topic: Self Defense Workshop

Date: 29.04.2022

Time: 29.April 2022

Venue: Auditorium

Participants: 97 participants

Faculty Coordinator: Dr. Preeti Singh

Resource Person : Mr Karan Rana

Objectives

- 1) To educate the girl students to protect themselves from different types of violence against them.
- 2) To provide knowledge about the different tips of self-protection to keep in mind in different situations.
- 3) To show case and give demo on different Self Defense techniques

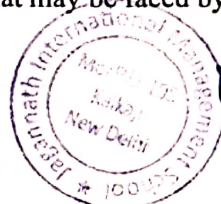
Report

The need of the hour for the girls and women in the society is to safeguard them against violence committed against them. To strengthen girl students at campus for their self-protection and empowerment, NSS club conducted a workshop on Self Defense. Hands on exposure to tips for self protection were given by resource person.

Mr Karan is a Professional MMA fighter and is 2 times State Gold Medalist in Wushu 2018 & 2019, 1 Silver in Delhi state Grappling Championships. Experience of over 50 kickboxing/boxing bouts.

Learning Outcomes

- 1) The students learnt about the different kinds of violence that may be faced by girls or by women in any place including at home.





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- 2) The student participants got different self-protection tips on how to avoid/defend by attacking a potential attacker by using objects or by striking on the soft spots of the attacker, when subjected to physical abuse, violence, crime, etc.
- 3) The students have the chance to see the live demo of the self defense techniques as demonstrated by the trainer and the companion cadets. The workshop concludes with a note on the promise from both the sides that these kind of workshops will be continued in the times to come

Photos



Heet Singh
Name & Signature
Coordinator

Manjula
Name & Signature
HOD



Ashok Sharma
Name & Signature
Director



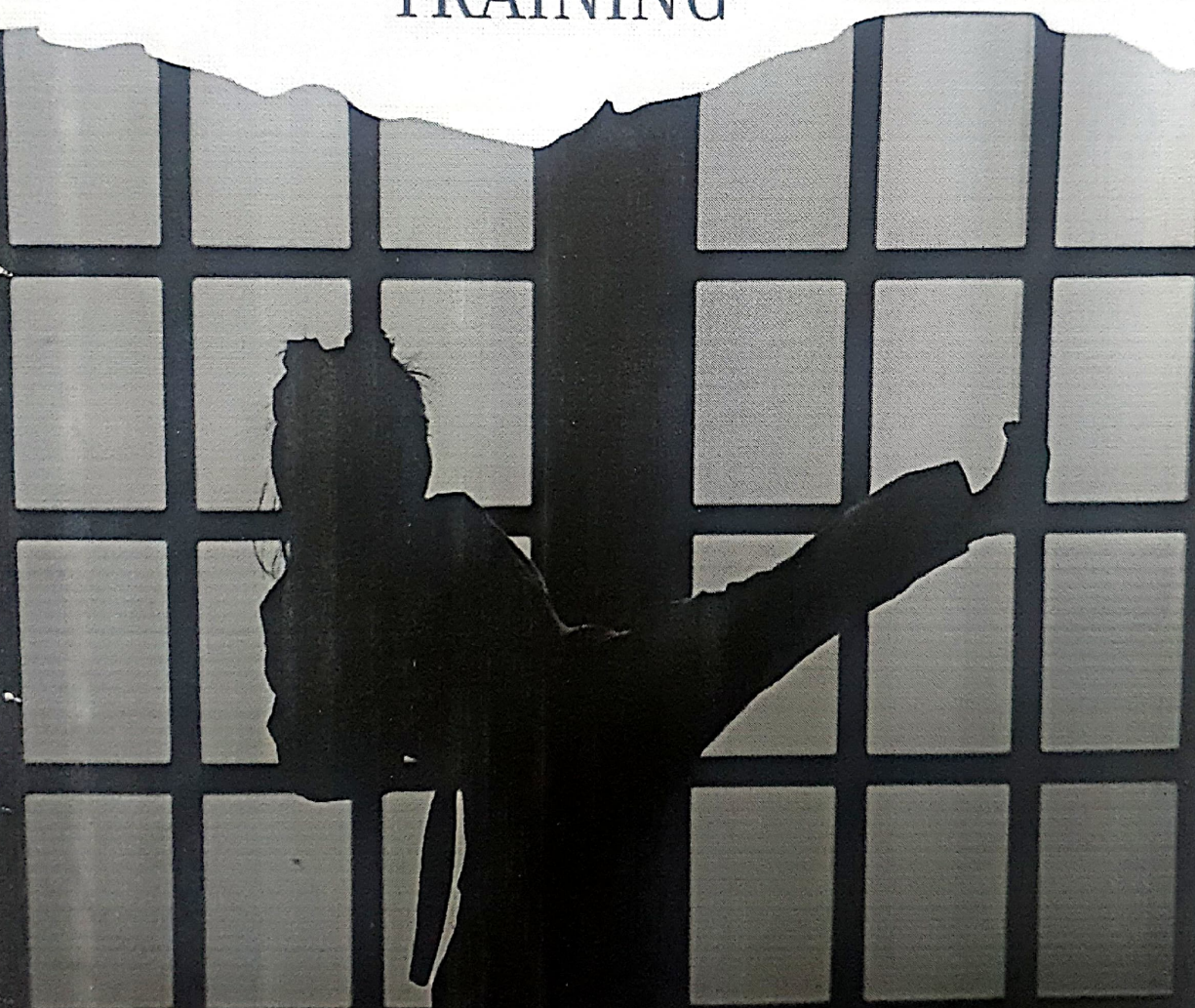


NSS/ROTARACT CLUB OF JIMSKJ



PRESENTS

SELF DEFENCE TRAINING



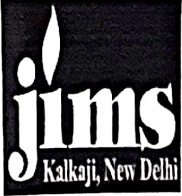
BY MR KARAN RANA

MARKETING ANALYST AND SELF DEFENCE TRAINER
RNF TECHNOLOGY -NOIDA

VENUE- JIMSKJ AUDITORIUM

DATE- 29TH APRIL2022

TIME-12 - 1PM



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JIMS/BBA/2022/436

March 17, 2022

Notice

NSS/ROTARACT

STAND UP COMEDY SHOW

Prayaas NSS Club of JIMS Kalkaji is organizing a "Standup" comedy show in association with NGO – A Sanitary Gift. 6 Comics from Day of our lives (Media Company) will be heading the show.

Venue : JIMS Kalkaji, Auditorium
Time : 04:00 pm to 06:00 pm
Date : 21st March 2022

Dr. Preeti Singh is to Co-ordinate.

Dr. Manjula Shastri
Programme Director

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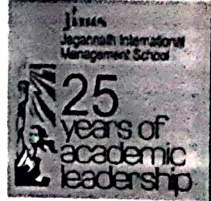
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JIMS/B.COM(H)/2022/448

March 17, 2022

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Manjula
Dr. Manjula Shastri
Programme Director

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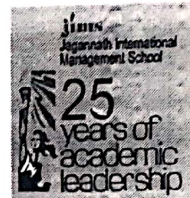




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Date: 24th March 2022

Report on "Stand Up For Periods- A Comic Assembly"

Event Category: NSS

Topic: Stand Up For Periods- A Comic Assembly

Date: 21 March 2022

Time: 4:00 pm

Venue: College Auditorium

Participants: 36 students

Faculty Coordinator: Dr. Preeti Singh.

Report:

On 21st March 2022, PRAYAAS, NSS club of JIMS KALKAJI organized a **Comic Assembly**, 'STAND UP FOR PERIODS' in association with NGO Sanitary Gift and media company 'Days of Lives'. The event took place in college auditorium and 6 comics from Days of Lives Company showcased the event from 4pm to 6 pm.

The event was organized to raise funds for underprivileged menstruators. Active participation was received from prestigious colleges of *Delhi University, GGSIPU, University school of Architecture and Planning and private university. Delhi University colleges like Lady Shri Ram College for women, Hansraj College, Jesus and Mary College, Dyal Singh, Deshbandhu College, Ramanujan College, GGSIPU colleges like IITM, Technia, Surajmal participated in event. Total 120 students participated in the event. Amount of Rs 12000 was raised from the event.*

Outcomes:

- NSS Volunteers raised the fund amount to Rs 12000.

Photos

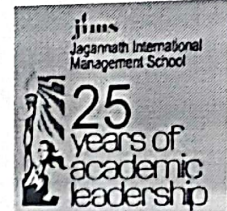




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GPS Map Camera

New Delhi, Delhi, India
 MOR Pocket 105, Block 1, Kalkaji, New Delhi, Delhi 110019, India
 Lat 28.547475°
 Long 77.25587°
 21/03/22 05:50 PM

Google

COMICS ASSEMBLY
 FUNDRAISER COMEDY SHOW

दिनांक, वार, समय
 और स्थान
 21st March
 6 PM, Monday
 JIMS Kalkaji

Proceeds from the stand up will go to the fundraiser to provide period products to menstruators in slum areas and bastis in India.

Scan to Register

@_DAYS.OF.OUR.LIVES_ @SANTITARYGIFT DISHA-8923506870 SHIULI-9599885384

Prayaas
 (The NBA & NAAC Accredited School of JIMS, Kalkaji)
 100% Placement Guarantee

Presents

STAND UP FOR Periods

A stand up comedy show to raise funds for underprivileged menstruators

In Collaboration With **Sanitary Gift** Performance by **Days of our lives**

Ticket Price: ₹400 Per Person
 Venue: Auditorium JIMS

Monday March 21
 6 pm.

Limited Tickets available !!

Scan to register

STUDENT COORDINATORS
 Disha Rajput: 8923506870
 Divyansh Agarwal: 97177 42575

GPS Map Camera

New Delhi, Delhi, India
 79-80, Block 1, Nehru Place, New Delhi, Delhi 110019, India
 Lat 28.547405°
 Long 77.256635°
 21/03/22 06:20 PM

Google



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JIMS/BBA/2022/430

Dated : March 08, 2022

Notice

NSS/ROTARACT

International Women's Day

Seminar on Women Health, Hygiene and Government Policies

NSS/Rotaract Club is organizing Seminar on "Women Health, Hygiene and Government Policies" in collaboration with Delhi State AIDS Control Society in college auditorium on 8th March 2022.

Speaker for the Seminar

Dr. Mourvi Chugh
Medical Manager
Saathii NGO
(Technical Partner to NACO & DSACS)

Dr. Preeti Singh is to Co-ordinate.

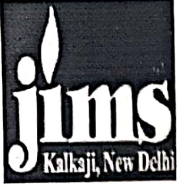
Manjula
Dr. Manjula Shastri
Programme Director



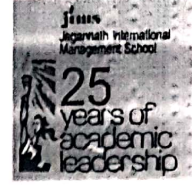
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Date: 08.03.2022

Report on Seminar on Women Health, Hygiene and Government Policies
International Women Day

Event Category: NSS

Topic: International Women Day celebration

Date: 8th March 2022

Platform: Offline, College Auditorium

Faculty Coordinator: Dr. Preeti Singh, Dr. Vidya Sharan

Number of Students : 36

Objective:

- To spread awareness on improvement of Women Health
- To spread knowledge on women hygiene and government policies to assist women in regard of their health concern.

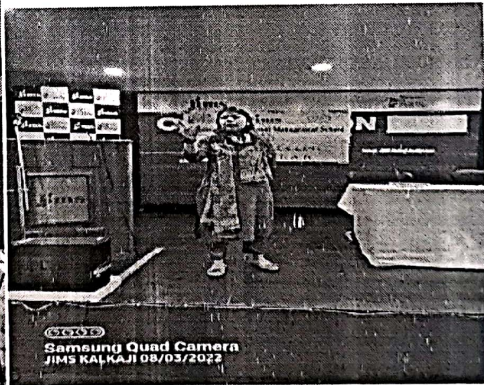
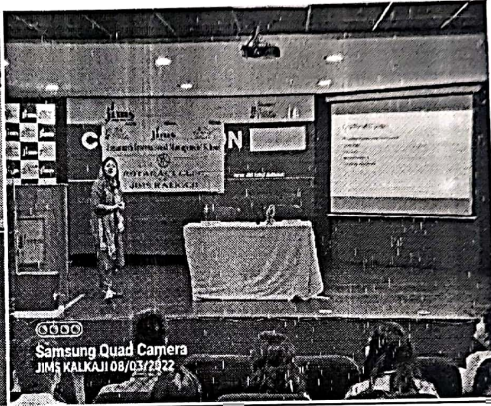
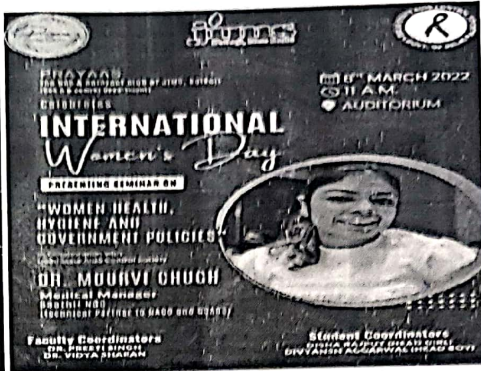
Report:

PRAYAAS, NSS club of JIMS KALKAJI organized a Seminar on "Women Health, Hygiene and Government Policies". The seminar was conducted in collaboration with Delhi State AIDS Control Society, Govt of NCT Delhi and SAATHI NGO (technical partner to NACO). The resource person, Dr Mourvi Chugh, is a Medical Manager at Saathii NGO (Technical partner to NACO and DSACS)

Learning Outcome:

- Helped students become more aware about women health and hygiene.
- Helped students to understand the importance of hygiene.
- Helped student aware of government policies to promote health of underprivileged women in India.





Vidya
Name & Signature
Coordinator

Ms
Name & Signature
Head-Dept. of _____

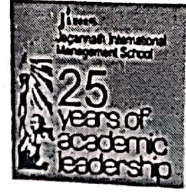
Ashok Shama
Name & Signature
Director





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JIMS/BBA/2021/349

Dated : September 16, 2021

Notice

NSS/Rotaract Committee Yoga Session

The NSS/Rotaract club of JIMS Kalkaji will be organizing a Yoga Session as a part of Rashtriya Poshan Maah 2021, week two activity themed "Yoga & Ayush for Nutrition" on 18th September 2021 at 10:00 AM in the premises of Bharat Vikas Parishad, NGO Kalkaji.

Manjula

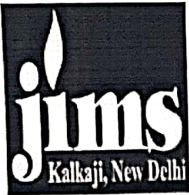
Dr. Manjula Shastri
Programme Director



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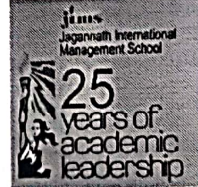




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Date: 18th September 2021

Report on Yoga Session

Event Category: NSS

Topic: Yoga Session

Date: 18th September 2021

Time: 4:00 pm

Venue: Kalkaji

Beneficiaries : 19 students

Faculty Coordinator: Dr. Preeti Singh, Ms. Pooja Bisht

Learning Objectives:

- To create awareness about benefits of Yoga.
- To help one practice mental hygiene.
- To help one establish emotional stability.
- To integrate moral values.

Report: NSS club of JIMS Kalkaji organized a Yoga session on 18th September 2021. Volunteers along with the children (School children & adolescent girls) performed around 15 asanas. Benefits and importance of asanas was communicated.

Learning Outcomes:

- Helped people become more aware about the importance of yoga in their daily lives.
- Helped children understand the importance physical activities in promoting a healthy life.

Photos





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Glimpses of the Yoga Session

Drive Link for pictures and videos:

<https://drive.google.com/drive/folders/16bjCHozykmwfquzgmwmV5yBsAjqcSGs?usp=sharing>

g

Pooja
Name & Signature

Coordinator

Ms
Name & Signature

Head-Dept. of

Ashok Sharma
Name & Signature

Director



01/10/2021



PRESENTS

YOGA DAY



Date - 18th September 2021

Time - 8:30 A: M

Venue - Sudhar camp near
Kalkaji post office

COME JOIN US ON OUR
FITNESS JOURNEY TO A
BETTER & HEALTHY LIFESTYLE

